

**Time:**

Tuesday, November 3rd through
Friday, November 6th, 2009,
9:00 am. to 5:00 pm.

Location:

The Brookfield Inn,
8 W. Main Street,
Brookfield, MA 01506
Phone (508) 637-1215

Cost: \$400 per person and
includes the following:

- 4 days of interactive workshop training;
- STAR manual and handouts;
- morning refreshments and lunch everyday.

Overnight accommodations are available at the Brookfield Inn or at local hotels at an additional cost.

Who should attend:

Over 3000 participants have come from the U.S. and many international settings. These attendees include: Clergy, civil and religious leaders after 9/11; Youth workers in the devastated Gulf Region post-Katrina; Disaster and relief workers world-wide; Leaders in post-war settings; Persons supporting returning military veterans; as well as Psychotherapists, social workers, nurses, mediators, teachers, lawyers, retirees, and students.

Do you work with people who have been traumatized?

As a pastor, social worker, therapist, lawyer, nurse or other helping professional, would you like to enhance your skills?

Receive some specific tools for healing, resiliency and renewal:

- Understand what happens when individuals are traumatized.
- Learn about the unique dynamics of traumatized communities.
- Discover the path to healing for both individuals and communities.

In this STAR I training, theory is combined with experiential learning, so the training is integrated into practice through engaging, transforming exercises. Trainings deal with the trauma of both natural and human-caused catastrophes.

[STAR II training, offered through Eastern Mennonite University, enables participants to lead training workshops.]

This workshop is intensive and interactive.

Participants are required to stay for the entire four days.

Seminar registration is limited to 20 participants to enhance the interactive nature of the learning experience.

All participants are expected to be open to exploring issues within a multi-cultural, multi-faith group.

** STAR course material is a joint effort of Church World Service and Eastern Mennonite University's Center for Justice and Peace-building.*

Program objectives:

By the end of the training, you will be able to:

- Define types of trauma and recognize the impact on body, mind and spirit
- Understand the cycles of victimhood and violence for individuals, communities and societies and the relationship to unhealed trauma
- Apply the STAR model, *The Trauma Healing Journey: Breaking the Cycles of Victimhood and Violence* to individual and group situations
- Use new skills to address trauma and build resilience
- Recognize compassion fatigue/ satisfaction levels in caregivers

- Identify justice needs of survivors and offenders and practical restorative, creative and transformative responses to these needs
- Relate trauma work to the field of peace-building

This workshop is facilitated by the Rev. Dr. Beverly Prestwood-Taylor, (The Brookfield Institute) and the Rev. Shantia Wright-Gray (Worcester Area Mission Society), STAR facilitators trained through Eastern Mennonite University's Center for Justice and Peace-building.

"I cannot tell you the scope of significance STAR has had for me in preparing for the tasks I face leading the CoB. Time and time again, I am drawn back into my experiences in Harrisonburg to rethink a process, a conversation, a hurt, and the manner meetings proceed and find refreshed segments of my soul breaking out to lead in a new way. What a blessing".

--Pastor, Church of the Brethren



Strategies for Trauma Awareness and Resilience, level I

November 3rd through November 6th, 2009

Name: _____

Address: _____

Phone: _____

Email: _____

Register me for: _____ STAR I , Tuesday, November 3rd through Friday, November 6th, 2009

Registration fee : \$400 per person \$_____ enclosed

Send this registration form and your check made payable to "The Brookfield Institute"

P.O. Box 388, Brookfield, MA 01506

OR register on-line at www.brookfieldinstitute.org